

Pathway of Change – The adults we work with

Our Impact: Children have improved resilience, wellbeing, and learning outcomes, now and into the future, which results in stronger families and communities

Workplace culture or the family environment promotes a predictable, consistent response to children using the Neurosequential Model in Education (NME)

Neuroscience becomes embedded in practice or parenting

Adults provide a calm and relationally rich environment that fosters a sense of belonging

Adults explicitly teach and model social and emotional skills

Adult strengthens the child's community by responding with understanding & compassion

Strategies are implemented that are informed by the NME e.g. ability to co-regulate a child

Improved ability to self-regulate

Improved wellbeing and resilience due to a greater sense of hope and renewed purpose

Gain ability to notice and be curious about the child's 'Stage and State'

Improved ability to self-reflect

Movement from short to intermediate outcomes is dependent on the length of engagement with Pathways programs and services

Increased confidence to try new approaches & strategies

Increased awareness of neuroscience & brain development

Improved ability to notice and acknowledge belief systems related to children

Adults have opportunities to experience and practice skills & strategies

Adults understand the lens of the Neurosequential Model in Education (NME)

Pathways consultants "Hold Space" for adult participants as they learn through reflection and doing

In response to the challenge, Pathways to Resilience Trust deliver Wellbeing Pathways to educators, communities, and families that are informed by neuroscience and reflect the developmental needs of children across childhood and into adolescence. Wellbeing Pathways are designed to **shift the mindsets of adult participants through reflection, theory, and relationship building with children.**

Wellbeing Pathways may include different activities such as workshops, programs, coaching and mentoring. Wellbeing pathways are tailored to suit the context of the work e.g. length of engagement with and needs of participants.

Challenge:

A lack of awareness of neurobiology compromises the lifelong wellbeing of children



~ Consultants Hold Space ~



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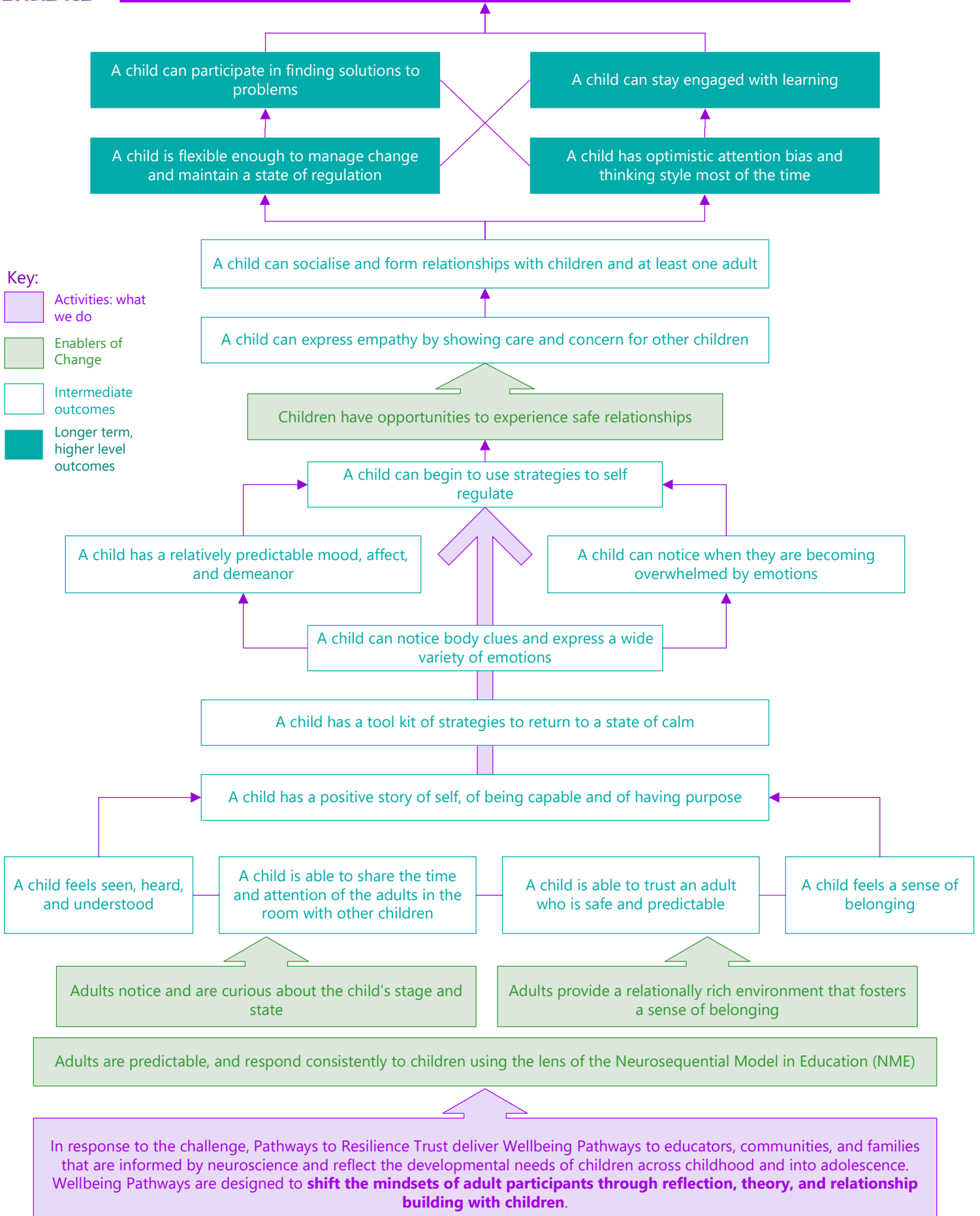
Key:

- Activities: what we do
- Enablers of change
- Short term outcomes
- Intermediate outcomes
- Long term, higher level outcomes
- Accountability line

A Child's Pathway of Change



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